



## Dr. Will Ballard

I spent my entire childhood in the Yadkin Valley, and I am so excited to be able to return home to practice medicine here!

I graduated from Elkin High School in 1997. While in high school, I played basketball, soccer, and tennis and earned All-Conference honors in each sport. My sophomore year, I won the NC 1A-2A Tennis State Singles Championship.

After high school, I left Elkin to attend Washington & Lee University in Lexington, Virginia on an academic scholarship. I continued my basketball career at Washington & Lee throughout my four years, and was named the team's captain my junior and senior years. I graduated Washington & Lee with a B.S. in Biology in 2001.

I returned to North Carolina for medical school at the University of North Carolina at Chapel Hill. Between my first and second years of medical school I married Lyndsey Steelman Ballard. By that time, she and I had been together for seven years -- we began dating our junior year at Elkin High School! While I completed the next three years of medical school, she obtained her Doctorate of Pharmacy degree at UNC.

Lyndsey and I next moved to Charlotte, NC where I completed a Family Medicine Residency program at Carolinas Medical Center, serving as chief resident my last year. During that last year, Lyndsey gave birth to our identical twin boys Connor and Aidan. My family and I moved back to Elkin in 2008 and I joined Jonesville Family Medical Center. Lyndsey and I then welcomed a new member to our family in 2010 with the birth of our third son, Grant. Since 2010 I have also served as Medical Director of the Surry County Health and Nutrition Center.

I feel privileged to be able to return home and be surrounded by a community of friends and family, working alongside my father Dr. Evan Ballard, at a job we both love. Practicing family medicine at JFMC affords me the opportunity to care for not only my high school friends, but also their children, parents, and grandparents. In addition, I make new acquaintances each day in our office and at Hugh Chatham Memorial Hospital. The variety of personalities, accomplishments, aspirations, and personal histories to be found among the people of the Yadkin Valley continue to impress me, and I'm proud to be a part of it!