



## Dr. Thomas Shelburne

I was born in Raleigh, NC, youngest of three boys and graduated from Hampden-Sydney College in Virginia where I played on the tennis team and majored in Chemistry. From there I attended and graduated from Duke University School of Medicine. I stayed at Duke for my Family Medicine Residency and served as Chief Resident. After a four year tour in the Air Force, we moved to the Yadkin Valley area and joined practice with my friends from Duke.

I am fortunate to be married since 1975 to Debbi and we have two grown married children and three grandsons (and counting). My daughter is an elementary school teacher and excellent mother. My son is a Family Physician in practice in Winston-Salem. In my spare time I play tennis, try to play golf, and day hike.

I love the diversity of Family Medicine from caring for newborns in the hospital, to evaluating sports injuries, to keeping my nursing home patients comfortable. I enjoy being a partner with my patients to navigate the health maze together to achieve their optimal health.

